

Little Hoopsters Program Overview

What To Expect: Little Hoopsters is a four week instructional program that prepares children for organized youth basketball in a fun, non-threatening environment. This is an introductory program that is guided by facilitators with help from coaches. In this program, we focus on FUN and FUNDAMENTALS. Each session will be a combination of large group instruction and small group activities within teams. Most sessions will end with a scrimmage. We do not keep score or keep track of standings.

Facilitators: Facilitators will provide coaches with drills/games that will help the participants practice the skills they are learning. Facilitators will keep track of time and will let coaches know when to switch activities. Facilitators will walk around and help coaches as needed.

Coaches: Coaches will implement drills as directed by the facilitators. Coaches will show the participants what to do and help them to take turns. Coaches will show good sportsmanship and focus on creating a fun environment for the participants to learn.

Scrimmages: On most days, teams will scrimmage at the end of the session. Coaches should sub players frequently to create a fair balance of playing time. Facilitators will walk around and help facilitate the scrimmages.

