April - 2025

S.F. TRACK CLUB



SUN	MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
				BYU Inv. Track Meet Region H.S. Track Meet State H.S. Track Meet These are High School track meets that the Track club members may attend to watch if they so choose to do so! These meets are not part of the Track Club race schedule.		
6	7	8	9			
13	Track Club Practice 5:00-6:00 pm Parent Mtg. 6:00 pm @ SF Jr. High Track	15	Track Club Practice 5:00-6:00 p	17	18	19
20	Track Meet @ Salem HS Track 5:00p - Field Events 5:30p - Run events	22	Track Club Practice 5:00 - 6:00 pm	24	25	Track Meet @ MMHS Track 9:30a Field events, 10:00a Running
27	Track Club	29	Track Club			
	5:00-6:00 p		5:00-6:00 p			

May - 2025

Practices will be held at the track at: SF Jr. High School, Spanish Fork - 600 E. 700 S.

SUN	MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY	SATURDAY
				1	2	Track Meet @ Springville H.S. 9:30a Field events 10:00a Running
					BYU - HS	Frack Meet
4	5 Track Club	6	7 No Practice	8	9	10 Track Meet @ Payson H.S.
	Practice 5:00-6:00 p		Region H.S.	Track Meet	/	9:30a Field events 10:00a Running
11	12	13	14	15	16	17
	Track Club Practice 5:00-6:00 p		Track Club Practice 5:00-6:00 p	State	H.S. Track M	eet
18	Track Club Practice 5:00-6:00 p	20 Graduation: MMHS - 2p - UVU	21 Graduation: SFHS - 2p UVU	Region Meet @ Sp. Fork HS 5:00p - Field Events 5:30p - Run events	23	24
25	Memorial Day No Practice	27	28	29	30	31