South county recreation wrestling Match schedule 2024

Date	Spanish Fork High.	Sant. Apple Valley Elem.	<u>Payson Jr High.</u>
Tues Nov. 5			
6:00	P-Knapp/Eureka P-Sorensen P-Webb S-Harmon S-Holman	S-Ford SF-Pyne SF-Branin Eureka	4th-7th All Cities 80 lbs and under
7:15	SF-Whatcott SF-Murphy SF-Lewis/Warner SF-Youd SF-Hopkinson	S-Loveless P-Carmona SF-Shepherd	4th-7th All Cities 81 lbs and over
Tues Nov. 12			
6:00	4th-7th All Cities 80 lbs and under	S-Harmon P-Sorensen SF-Lewis/Warner SF-Whatcott SF-Hopkinson	S-Loveless S-Ford P-Carmona
7:15	4th-7th All Cities 81 lbs and over	P-Knapp/Eureka S-Holman P-Webb SF-Youd SF-Murphy	SF-Shepherd SF-Branin SF-Pyne Eureka
Tues Nov. 19			
6:00	S-Loveless SF-Shepherd SF-Pyne Eureka	4th-7th All Cities 80 lbs and under	P-Knapp/Eureka S-Holman P-Webb SF-Youd SF-Murphy
7:15	S-Ford P-Carmona SF-Branin	4th-7th All Cities 81 lbs and over	S-Harmon P-Sorensen SF-Lewis/Warner SF-Whatcott SF-Hopkinson
Tues Nov. 26			
6:00	4th-7th All Cities 80 lbs and under ***(MONDAY)*** NOV, 25TH	S-Ford SF-Shepherd SF-Branin Eureka	S-Harmon S-Holman SF-Lewis/Warner SF-Youd SF-Hopkinson
7:15	4th-7th All Cities 81 lbs and over ***(MONDAY)*** NOV, 25TH	S-Loveless P-Carmona SF-Pyne	P-Knapp/Eureka P-Sorensen P-Webb SF-Whatcott SF-Murphy
Tues Dec. 3			
6:00	4th-7th All Cities 80 lbs and under	P-Knapp/Eureka P-Sorensen SF-Lewis/Warner SF-Whatcott SF-Murphy	S-Loveless P-Carmona SF-Branin
7:15	4th-7th All Cities 81 lbs and over	S-Harmon S-Holman P-Webb SF-Youd SF-Hopkinson	S-Ford SF-Shepherd SF-Pyne Eureka

Payson Jr High 1025 South Highway 198. (Main Gym)

Spanish Fork High school wrestling room. 158 N 630 W, Enter in east doors by the football field, go upstairs. Santaquin Apple Valley Elementary 105 East 770 North (Main Gym)

1. ALL WRESTLERS MUST BE REGISTERED WITH A PARTICIPATING CITY!!!

- 2. Parents please try and be there at least 5 minutes before scheduled match time.
- 3. Wrestlers are encouraged to wear Wrestling singlets, shoes and headgear. (ABSOLUTELY NO BARE FEET)
- 4. All wrestlers will be given the opportunity to wrestle **1 to 3 Matches!!**
- 5. No parents or siblings allowed on mats. Wrestlers and coaches only.
- 6. Matches will consist of 3 rounds. 40 sec round (pk-1st) 60 sec round (2nd-7th). NO PIN FALL IN 1ST ROUND.
- 7. Child's weight will be required, please come to matches with current weight in mind.
- 8. Please remember we are guest in the School Facilities. Please show proper respect. No Food or Drinks.
- 9. Space is limited at venues in wrestling rooms. Please limit spectators to parents only at these sites.
- 10. Coaches and parents; Please attend matches at scheduled locations and times!!!